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Strategic Resources Grants Additional Stock Options

For Immediate Release

TSX.V: UVR

November 11, 2009, Regina, Saskatchewan – Strategic Resources Inc. (“UVR” or “the Corporation”), advises that it has issued an aggregate of 1,250,000 options at an exercise price of \$0.10 to eligible participants of the Company option plan. Options are valid for 5 years. Prior to the issuance of these options, a total of 3,699,413 options were available for issuance as per the Company option plan.

About Strategic Resources

Strategic Resources is a Canadian based junior exploration company with uranium/vanadium exploration projects in Catron County, New Mexico and Apache County, Arizona as well as rare earth exploration projects in Lincoln County and Socorro County, New Mexico. More information about the company is available on line at www.strategicresourcesinc.ca.

Disclaimer:

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Forward looking statements:

This news release may contain certain forward-looking inferences or statements. These forward-looking inferences or statements are subject to a variety of risks and uncertainties beyond the Corporation's control or prediction and could cause actual events or results to differ materially from those anticipated in such forward-looking statements. Although the Corporation believes that the assumptions inherent in the forward-looking statements are reasonable, undue reliance should not be placed on these forward-looking statements.

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